

Skin Typing

Client Name:

Date:

Instructions: either complete the form electronically (please remember to save when you have completed it) and email to admin@gogoink.uk or print it out, complete it and bring it to your consultation.

My ethnic origin is closest to (tick one)

- Very fair (Celtic and Scandinavian)
- Fair-skinned Caucasians with light hair and light eyes
- Pale-skinned Caucasians with dark hair and dark eyes
- Olive-skinned (Mediterranean, some Asian, some Hispanic)
- Dark-skinned (Middle Eastern, Hispanic, Asians, some Africans)
- Very dark-skinned (African)

Please answer the following questions by circling the number which best describes you. We will total the score during the consultation.

My eye colour is:

- Light Blue 0
- Blue/green 1
- Green/grey/golden 2
- Hazel/light brown 3
- Brown 4

My natural hair colour at age 18 was:

- Red 0
- Blonde 1
- Light brown 2
- Dark brown 3
- Black 4

The colour of my skin that is not normally exposed to sun is:

- Pink to reddish 0
- Very pale 1
- Pale with a beige tint 2
- Light brown 3
- Medium to dark brown 4
- Dark brown-black 6

If I go out into strong sunlight for an hour or so without sunscreen and have not been out in the sun for weeks, my skin will:

- Burn, blister and peel 0
- Burn, then when the burn resolves there is little or no colour change 1
- Burn, but then turns to tan in a few days 2
- Get pink, but then turns to tan quickly 3
- Just tan 4
- Just gets darker 5
- My skin colour is so dark I can't tell 6

When was the last time the area to be treated was exposed to strong sunlight or tanning booths?

- Longer than one month ago 0
- Within the past month 1
- Within the past two weeks 3
- Within the past week 4

Total Score

If your score is:

Your skin type is:

Notes:

0-3
4-7
8-11
12-15
16-19
20-24

I
II
III
IV
V
VI

a) Please note that if you have used a Melanin stimulating injection then you will have to cease this therapy and wait until your skin returns to its normal colour before any treatment will be possible.
b) If you have used an artificial tanning cream or spray tan then you will have to wait until this pigment has faded and your natural skin type is evident.

Signature of Client